

- 1. Knee Anatomy and Biomechanics***
- 2. Anterior Cruciate Ligament Injury in the Female Athlete***
- 3. Anterior Cruciate Ligament Injuries: Sex-Based Differences***
- 4. Anterior Cruciate Ligament Injuries in Female Soccer Players***
- 5. Anterior Cruciate Ligament Injury Prevention***
- 6. Meniscus and Articular Cartilage Injuries***
- 7. Patellofemoral Pain in the Female Athlete***
- 8. Patellar Instability***
- 9. Hip Anatomy and Biomechanics***
- 10. Nonarthritic Hip Pathology***
- 11. Hip Disorders in the Female Athlete***
- 12. Ankle Anatomy and Biomechanics***
- 13. Ankle Instability***
- 14. Shoulder Anatomy and Biomechanics***
- 15. Shoulder Instability in the Female Athlete***
- 16. Rotator Cuff Function and Injury in the Female Athlete***
- 17. Elbow Anatomy and Biomechanics***
- 18. Elbow Ulnar Collateral Ligament Injuries in the Female Athlete***
- 19. Osteochondritis Dissecans of the Elbow***
- 20. Epidemiology of Female Versus Male Athletic Injuries***
- 21. Overuse Injuries in Females***
- 22. Concussions in the Females***
- 23. Stress Fractures***
- 24. Chronic Exertional Compartment Syndrome***
- 25. The Female Athlete Triad/Relative Energy Deficiency in Sports***
- 26. Exercise Considerations Before, During, and After Pregnancy***